Fall 2018 Orientation  
Week of August 13 – August 17

If not already completed, during Orientation Week all students should:

1. Register for a Net-ID & ISU email, via the ITS website or Solutions Center located in 192 Parks Library
2. Sign-In to AccessPlus
   Students: Use your University ID number and the temporary password provided to you in your admission letter. If you are having issues or do not have your temporary password, contact ISU IT Services at (515) 294-4000, option 1.
3. Obtain an ISU ID card, 0530 Beardshear Hall  
   *Note: You need to know your ISU ID # and must have a picture ID
4. Students receiving an ISU Graduate Assistantship  
   Sign up for payroll, ISU Human Resource Office – 3810 Beardshear Hall  
   Payroll Sign Up Packet (PDF)  
   *Note: International students will complete I-9 paperwork for purposes of employment eligibility with assistance from the International Students & Scholars Office during check-in & ISSO orientation activities
5. Complete Lab Safety Training  
   Lab safety training is mandatory for all persons BEFORE you are eligible to begin work in a lab. There are several lab safety courses which are required for all students (listed below).

   To complete lab safety training online:  
   Login to LEARN@ISU using your NET ID & password. You can access the LEARN@ISU link through the ISU Sign Ons link.

   Required Lab Safety Courses:  
   – Laboratory Safety: Core Concepts (about an hour)  
   – Fire Safety and Extinguisher Training  
   – NIH Guidelines  
   – Biological Risk Assessment for Researchers (about 30 minutes)  
   *Note: Do not use Internet Explorer as your browser. Everything else should be okay. Be sure to allow pop-ups.
6. Register for classes via AccessPlus. You will have the opportunity to review your registration with your temporary advisor during orientation. Classes may be added and dropped through the first week of classes.
7. Health Insurance Enrollment –  
   New graduate assistants are automatically enrolled in the “Self-only” health insurance. If you would like to enroll a spouse/partner, or other dependents, you have to make these changes in the BluesEnroll portal (URL) or provide a paper enrollment form. This is also the method of
enrolling in the dental insurance. Dental insurance is optional at a competitive monthly premium. The process is the same for both domestic and international students, although the health insurance is mandatory for the international students and their families. The cost of dental insurance and health premiums for family can be found [here](#).

8. If you have not yet sent an official transcript from your educational institution(s), do so after your degree is awarded.  
   Graduate Admissions, 100 Enrollment Services, Iowa State University, Ames, IA 50011-2011, USA

9. Provide Immunization Records to Thielen Student Health Center

### Monday, August 13

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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| 10:00 AM – 4:00 PM | Program check-in with Katie Blair  
1808 Molecular Biology Building  
Feel free to stop by whenever works most conveniently for you within the given timeframe. If you have a scheduling conflict, please let Katie know by emailing her at kblair@iastate.edu. |

### Tuesday, August 14

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
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<td>See optional activities schedule</td>
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### Wednesday, August 15

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<th>Time</th>
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### Thursday, August 16

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<tr>
<th>Time</th>
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| 9:00 AM – 9:45 AM | Heather Lewin, Science Librarian, ISU Library: Digital Resources  
1420 Molecular Biology Building |
| 9:45 AM – 10:30 AM | Jennifer Johnson, GDCB Department: Bio-IT, Information Technology  
Orientation  
1420 Molecular Biology Building |
| 10:30 AM – 11:00 AM | Levi Baber, Manager of LAS Bio-IT: College/University Level IT Research  
Resources  
1420 Molecular Biology Building |
# MCDB Graduate Program 2018 Orientation Schedule

## REQUIRED ACTIVITIES

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</table>
| 11:00 AM – 12:00 PM | Katie Blair, Interdepartmental Graduate Program Coordinator: Getting Started as a Graduate Student & Progressing Through Your Degree  
1420 Molecular Biology Building | 1420 Molecular Biology Building |
| 12:00 – 1:30 PM | Lunch with current graduate students  
Molecular Biology Building Atrium | 1420 Molecular Biology Building Atrium |
| 1:30 – 3:00 PM | Katie Blair, Program Coordinator: Research Lab Rotations Discussion & Best Practices  
1420 Molecular Biology Building  
Please bring your questions following the previously emailed information.  
Those who are not rotating are excused from this discussion. | 1420 Molecular Biology Building |
| 3:00 PM       | Program Review of Curriculum & Registration  
Maura McGrail, Program Chair  
Molecular Biology Building Atrium | 1420 Molecular Biology Building Atrium |

### Friday, August 17

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<tr>
<th>Time</th>
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| 8:30 – 9:00 AM | Light breakfast with new interdepartmental graduate students  
1102 Molecular Biology Building (1st floor conference room) | 1102 Molecular Biology Building (1st floor conference room) |
| 9:00 AM – 9:30 AM | Elizabeth McNeill, FSHN Department: Being a Graduate Student—Keys to Success  
1420 Molecular Biology Building | 1420 Molecular Biology Building |
| 9:45 AM – 12:00 PM | Faculty Research Presentations  
1420, 1424, 1428, 1102, 2034, & 3034 Molecular Biology Building.  
**See Presentation Schedule available via the Sign Up Genius Survey (URL)** | 1420, 1424, 1428, 1102, 2034, & 3034 Molecular Biology Building |
| 12:00 – 2:00 PM | Interdepartmental Luncheon & Informal Poster Session  
Molecular Biology Building Atrium | Molecular Biology Building Atrium |
| 2:00 PM – 4:15 PM | Faculty Research Presentations  
1420, 1424, 1428, 1102, 2034, & 3034 Molecular Biology Building.  
**See Presentation Schedule available via the Sign Up Genius Survey (URL)** | 1420, 1424, 1428, 1102, 2034, & 3034 Molecular Biology Building |

### Sunday, August 19

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</table>
| 4:00 PM – ?? | Welcome dinner @ Dr. Matthew Ellinwood's Home  
309 Hickory Drive Ames, IA (directions available from Katie) | Dr. Matthew Ellinwood's Home |
### REQUIRED ACTIVITIES

<table>
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<tr>
<td>Sushi dinner with current MCDB and Neuroscience faculty and graduate</td>
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<tr>
<td>students. Options will be provided for those who may not eat fish and/or</td>
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<tr>
<td>seaweed 😊 Families, kids, partners and friends welcome!</td>
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All of the activities detailed in this schedule are required and attendance is expected unless otherwise specified. If you have any question or concerns, please contact Katie Blair.

Katie Blair, Program Coordinator  
Interdepartmental Graduate Programs of  
Immunobiology, MCDB, & Neuroscience  
2018 Molecular Biology Building  
(515) 294-7252  
kblair@iastate.edu